57th SPRING SPARTACUS CUP 14-15 March 2020 Vérteskozma, Tócsa valley

INVITATION

PATRON | Ibolya Spergelné Rádl - Mayor of Gánt

ORGANIZERS President: Viktor Morandini

> Vice President: Péter Divin Public Relations: Luca Németh Controller: János Pápai

Imola Kálmán, Erik Kálmán (mentored by Áron Bakó) Course setters:

Maps: Ábel Sulyok, Tibor Erdélyi, Áron Bakó

LOCATION Vértes hills, Tócsa valley (nearest village Vérteskozma)

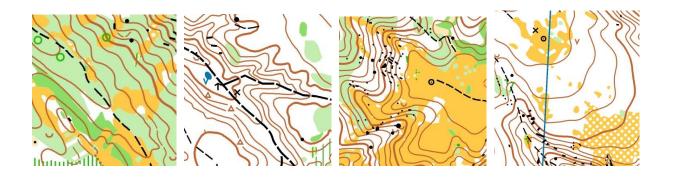
GPS: 47.437443, 18.413727

COMPETITION FORMAT

Two days, individual international race, day 1 long distance, day 2 middle distance. Day two is also the Open Middle Distance Championship of Budapest.

TERRAIN AND MAP The location offers a good mixture of most terrain types there are in the Vértes hills. Smaller and deeper valleys, various vegetation with good to excellent runnability. There are smaller areas with many stones, but most of the terrain is ankle friendly. Please see some map samples below.

> Map surveyed in 2019 - 2020; scale on day 1 - 1:15.000/1:10.000, day 2 -1:10.000/1:7.500



PRELIMINARY COURSE LENGHTS

To make your category choice easier we are sharing the preliminary course lengths as well as the type of the course setting for each category. Should you still have any question, feel free to mail us at tabanispartacus@gmail.com

Course type	Category	Long d. (km)	Middle d. (km)
D - Easy, taped	M10D	2.5 / 3.6	2.5 / 3.6
D - Easy, taped	OD	2.5 / 3.6	2.5 / 3.6
D - Easy, taped	W10D	2.5 / 3.6	2.5 / 3.6
C - Easy	M12C	3.6	2.1
C - Easy	M15-18C	4.2	2.8
C - Easy	M21C	5.3	3.0
C - Easy	ОВ	3.1	2.6
C - Easy	W12C	3.1	1.9
C - Easy	W15-18C	3.6	2.1
C - Easy	W21C	4.2	2.8
B short - Difficult, short, many controls	M21Br	5.0	3.5
B short - Difficult, short, many controls	M35Br	4.0	2.6
B short - Difficult, short, many controls	OAS	3.0	2.1
B short - Difficult, short, many controls	W21Br	3.0	2.5
B - Difficult, regular	OA	4.9	2.8
B - Difficult, regular	M14B	4.6	3.1
B - Difficult, regular	M16B	6.5	4.5
B - Difficult, regular	M18B	8.5	5.1
B - Difficult, regular	M20A	9.4	5.0
B - Difficult, regular	M21A	12.4	5.7
B - Difficult, regular	M21B	9.4	4.7
B - Difficult, regular	M35A	9.4	5.1
B - Difficult, regular	M40	8.7	4.8

Course type	Category	Long d. (km)	Middle d. (km)
B - Difficult, regular	M45	8.5	4.3
B - Difficult, regular	M50	7.4	4.0
B - Difficult, regular	M55	6.5	3.4
B - Difficult, regular	M60	6.1	3.1
B - Difficult, regular	M65	5.0	2.5
B - Difficult, regular	M70	4.3	2.2
B - Difficult, regular	M75	2.9	2.1
B - Difficult, regular	M80	2.2	1.9
B - Difficult, regular	W14B	3.4	2.2
B - Difficult, regular	W16B	4.6	3.4
B - Difficult, regular	W18B	6.1	4.3
B - Difficult, regular	W20A	5.0	3.5
B - Difficult, regular	W21A	8.0	5.0
B - Difficult, regular	W21B	4.6	3.4
B - Difficult, regular	W35A	5.6	4.3
B - Difficult, regular	W40	5.0	4.0
B - Difficult, regular	W45	4.6	2.9
B - Difficult, regular	W50	4.3	2.4
B - Difficult, regular	W55	4.0	2.2
B - Difficult, regular	W60	3.4	2.2
B - Difficult, regular	W65	2.9	2.1
B - Difficult, regular	W70	2.9	1.9
B - Difficult, regular	W75	2.2	1.6

ENTRIES Through the <u>ENTRY</u> website, <u>Orienteering Online</u> or email: <u>tabanispartacus@gmail.com</u>

We will reply within 48 hours, if not please resend your email.

ENTRY FEES

Deadline	M/W 10-14 and 65+		M/W 16-60		Open	
	1 day	2 days	1 day	2 days	1 day	2 days
Until March 1	2600 HUF	5000 HUF	3600 HUF	6900 HUF	1600 HUF	3000 HUF
After March 1	3100 HUF	6000 HUF	4100 HUF	7900 HUF	1700 HUF	3300 HUF

There is a 600 HUF/day discount for all Hungarian Orienteering Federation Start License holders (except for the Open categories).

We close online registrations on March 8

PAYMENT By bank transfer or cash on race day.

Bank: MagNet Bank

IBAN: HU35 1620 0199 1152 7224 0000 0000

Bank SWIFT (BIC) code: HBWEHUHB

Account holder's name: Tabáni Spartacus SKE

ACCOMODATION Youth Hostel: (Csákvár, Öreg Tölgy) 2700

HUF/pers/night

Hard floor (Csákvár, Sports hall) 1000 HUF/pers/night

FIRST STARTS Day 1 11:00

Day 2 10:00

RESULTS Based on the combined time of both days. Top 3 athletes of each category (except for open categories) will receive a medal, winners will also receive a

prize.

OTHER We will have short taped courses and kindergarten for the small children on both days.

> We use SPORTident system with AIR+ active units. Regular SI and SIAC cards can be rented on the spot for 300/600 HUF/day.

There will be a buffet (with warm food) in the finish area.

Organizers need to be informed about all commercial activity on the competition (except for handing out flyers).

Please run with your safety in mind, everybody attends the competition on their own risk.

Following the green initiatives of the Hungarian Orienteering Federation, we kindly ask everyone to minimize our ecological footprints. Please bring your own cup for the refreshments and don't leave any trash. Use the recycling bins/bags when possible and compress your PET bottles and other "airy" waste before throwing them out.

WE ARE LOOKING FORWARD TO SEE YOU COMPETE IN THE VÉRTES HILLS (AGAIN)





