57th SPRING SPARTACUS CUP
15-16 August 2020
Vérteskozma, Tócsa valley

FINAL BULLETIN

PATRON | Ibolya Spergelné Rádl - Mayor of Gánt

ORGANIZERS |
President:	Viktor Morandini
Vice President:	Péter Divin
Public Relations:	Luca Németh
Controller:	János Pápai
Course setters:	Imola Kálmán, Erik Kálmán (mentored by Áron Bakó)
Maps:	Ábel Sulyok, Tibor Erdélyi, Áron Bakó

LOCATION | Vértes hills, Tócsa valley (nearest village Vérteskozma)

GPS: 47.437443, 18.413727

Closest bus station: "Vérteskozmai elágazás" (1.1 km)

COMPETITION FORMAT | Two days, individual international race, day 1 long distance, day 2 middle distance. Day two is also the Open Middle Distance Championship of Budapest.

REGISTRATION | Saturday 9:00-11:00, Sunday 9:00-10:00 in the finish area.

Changes on the spot can also be done, but we apply a 500 HUF/day admin fee.

To enable social distancing please transfer fees in advance to the below account. You can send your invoicing details to tabanispartacus@gmail.com. Invoices will be sent via email.

Bank: MagNet Bank
IBAN: HU35 1620 0199 1152 7224 0000 0000
Bank SWIFT (BIC) code: HBWEHUHB
Account holder's name: Tabáni Spartacus SKE

FIRST START | Day 1   11:00

Day 2   10:00

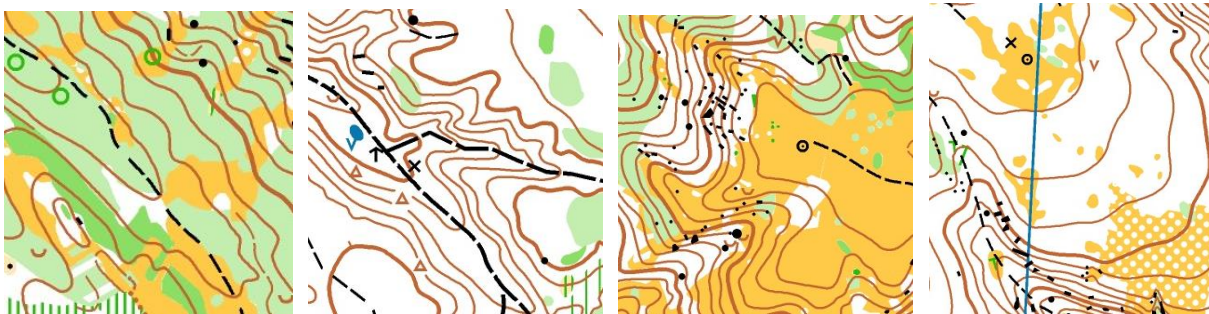**DISTANCE TO START** | Day 1 - 1500m / 115m

Day 2 - 1800 / 80m

Follow the blue-white ribbons

Please note the **control descriptions** will be distributed **in the finish** area and NOT at the start.

TERRAIN AND MAP | The location offers a good mixture of most terrain types there are in the Vértes hills. Smaller and deeper valleys, various vegetation with good to excellent runnability. There are smaller areas with many stones, but most of the terrain is ankle friendly. Please see some map samples below.

Map scale/size: 1:15 000 and A/4 on day 1 for categories W18B, W20A, W21A, M16B, M18B, M21B, M21A; 1:10 000 scale and 305x360 mm size for categories W35A, M35A, M40, M45, M50, M55, M60. Remaining categories on day 1 and everyone on day 2 will get 1:10 000, A/4 maps.

Contour lines every 5 meters

CATEGORY MERGES | Due to low number of applications we have merged the below categories

M20A → M21A

W20A → W21A

M21C → M21Br

SPORTIDENT | We are going to use SportIdent system with AIR+ active units. If the unit is not responding, punch the control the old fashioned way (stick the card in the box), if that doesn't work either, try the even older fashioned way and use the needle punch on you map. SI and SIAC cards can be rented on the spot for 300/600 HUF/day

COURSE LENGHTS | Should you have any question, feel free to mail us at

tabanispartacus@gmail.com

Day 1									Day 2							
Category	Dist	Elev.	CP	Category	Dist	Elev.	CP		Category	Dist	Elev.	CP	Category	Dist	Elev.	CP
M10D	2.5/4	150	9	W10D	2.5/4	150	9		M10D	2.3/4.2	110	8	W10D	2.3/4.2	90	8
M12C	3.1	95	10	W12C	2.9	70	10		M12C	2.8	95	8	W12C	2.1	70	8
M14B	4.6	215	9	W14B	2.5	60	10		M14B	3	110	10	W14B	2.3	100	12
M15-18C	4.2	125	12	W15-18C	3.1	95	10		M15-18C	3	120	10	W15-18C	2.8	95	8
M16B	5.8	290	10	W16B	4.6	215	9		M16B	3.9	160	13	W16B	3.3	120	13
M18B	7.5	350	14	W18B	5.5	280	9		M18B	4.5	240	16	W18B	3.9	125	16
M21A	11.1	590	18	W21A	7.1	365	11		M21A	5.2	240	16	W21A	4	155	17
M21B	8.4	430	15	W21B	3.8	180	12		M21B	4.5	240	16	W21B	3.8	125	15
M21Br	4.9	230	17	W21Br	3	120	12		M21Br	3.6	105	18	W21Br	2.7	100	12
M35A	9.4	480	12	W21C	4.2	125	12		M35A	4.5	235	15	W21C	3	120	10
M35Br	4	185	16	W35A	4.9	235	10		M35Br	2.9	115	12	W35A	3.3	120	13
M40A	8.4	430	15	W40A	4.6	230	10		M40A	4	155	17	W40A	3.6	105	18
M45A	7.5	350	14	W45A	3.8	180	12		M45A	3.8	150	16	W45A	3.3	130	14
M50A	6.3	330	12	W50A	3.4	130	11		M50A	3.9	160	13	W50A	3.2	115	12
M55A	5.8	290	10	W55A	3.2	115	8		M55A	3.8	125	15	W55A	2.7	90	13
M60A	5.5	280	9	W60A	2.5	60	10		M60A	3.3	120	13	W60A	2.3	100	12
M65A	4.6	230	10	W65A	2.1	50	10		M65A	3.2	115	12	W65A	2.1	60	9
M70A	3.4	130	11	W70A	2.1	50	10		M70A	2.7	90	13	W70A	1.8	60	7
M75A	2.1	50	10	W75A	1.9	35	10		M75A	2.1	60	9	W75A	1.8	55	8
M80A	1.9	35	10	OA	5.1	225	16		M80A	1.8	60	7	OA	3.6	120	17
				OAS	3.1	140	14						OAS	2.8	95	8
				OB	3	110	9						OB	2.7	130	9
				OD	2.5/4	150	9						OD	2.3/4.2	90	8

REFRESHMENTS | The following categories will have a refreshment point on day 1 at the given % of the course: W21E (80%), M18 (75%), M21B (80%), M21E (60%), M35 (60%), M40 (80%), M45 (75%)

LIVE RESULTS | We will broadcast the results in the finish area. Connect to the WiFi network SSID: result and open the http://result.hu URL. We will also show the results on a screen in the finish area.

ENTRY FEES

M/W 10-14 and 65+		M/W 16-60		Open	
1 day	**2 days**	**1 day**	**2 days**	**1 day**	**2 days**
3100 HUF	6000 HUF	4100 HUF	7900 HUF	1700 HUF	3300 HUF

There is a 600 HUF/day discount for all Hungarian Orienteering Federation Start License holders (except for the Open categories).

ACCOMODATION

Youth Hostel: Öreg Tölgy Turistaszálló, 8083 Csákvár, Szt Mihály tér 10.

2700 HUF/pers/night (available only on Saturday)

Hard floor (Csákvár, Sports hall)   1000 HUF/pers/night

FOR CHILDREN

We will have a shorted taped course for small children Start – Day 1: 11:00–14:00 Day 2: 10:00–13:00 Application near the finish area, continuously during the competition; We don't measure time, all participants receive a present.

Also, while you are running, we can look after your children in the Kindergarten at the finish area.

BEER RELAY

The 7th Hungarian Beer Relay Championship will take place at the finish area of Spartacus Cup on Saturday afternoon. Visit their Facebook site (Hungarian) for more details.

MULTINAVIGÁTOR TRAIL RUN

If you feel you would like to run even more, the "5th Trail multiNavigátor Vérteskozma Garmin castle run" trail running competition will be organized at the same location as Spartacus cup For more information visit their website (Hungarian).

PRIZES | There will be no big prize giving ceremony due to the social distancing guidelines. They will be handed out individually, the speaker will announce when each category can collect their prizes.

First 3 of all categories receive medals, the winners receive additional gifts.

Budapest Middle Distance Championship:

Categories: M/W 21A; 18B; 16B; 14B; 35A; 40; 45; 50; 55; 65; 70; 75; W 20 M 80, 60. First 3 in categories 14-21 receive medals, veteran categories receive diploma.

No prizes in Open categories

WASTE MANAGEMENT | Following the green initiatives of the Hungarian Orienteering Federation, we kindly ask everyone to minimize our ecological footprints. Please bring your own cup for the refreshments and don't leave any trash. Use the recycling bins/bags when possible and compress your PET bottles and other "airy" waste before throwing them out.

CORONA VIRUS PRECAUTIONS | Hungary has only isolated cases of coronavirus infections. Still we are making extra measures to reduce the risks.

- We provide water, soap and disinfectant gel in the finish area
- finishers will get refreshments only in own cups/bottles and need to self-serv from the can

Additionally, we ask everyone to practice respiratory hygiene:

- avoid handshakes and keep distance from other people if possible,
- wash/disinfect hands often,
- cough/sneeze in a tissue or your elbow,
- avoid touching your mouth, nose and eyes,
- if you experience any symptom stay at home and seek medical help,
- seek information only from trustworthy sources (eg.:WHO).

OTHER | – We will have buffet (with warm food) in the finish area;

– organizers need to be informed about all commercial activity on the competition (except for handing out flyers);

– we will provide first aid in the finish area if needed;

– keep your dog on a leash and in order to protect the wildlife don't take him/her with you to course;

– due to wildfire hazard, smoking and lighting open flames (campfire, candle, etc.) is forbidden in the whole competition area;

– by entering the competition all runners give their consent to the organizers to make photographs and video recordings and the use of these photographs and/or recordings singularly or in conjunction with other photographs and/or recordings for advertising, publicity, commercial or other business purposes;

– please run with your safety in mind, everybody attends the competition on their own risk.

WE ARE LOOKING FORWARD TO SEE YOU COMPETE IN THE VÉRTES HILLS (AGAIN)