

**INFORMATION on**  
**53<sup>rd</sup> SPRING SPARTACUS CUP**  
**Day 1: Budapest Open Middle Distance Championship**  
**Day 2: Budapest Open Long Distance Championship**

Tabáni Spartacus greets the competitors from Hungary and abroad at its traditional competition.

**Date of competition:** 19<sup>th</sup> and 20<sup>th</sup> March, 2016 (Saturday–Sunday)

**Finish area:** Csákberény/Gánt, Gránás rural area.

Coordinates: 47°20'58,2"N 18°22'06.5"E (47,349746N, 18,368489E)

Driving instructions: Coming from Csákvár (East) 2 km after the roundabout turn right (there will be a sign); from Csákberény (West) 3,4 km after you leave the town turn left (there will be a sign) after the turn continue 700m on the dirt road until the finish area.

**Patron of the competition:** László Vécsei, mayor of Csákberény

**Sponsors:** Authority of Csákberény  
Dairy-Ép Ltd  
Icebug Hungary (Pataki Gábor) – Activesport  
Dr Kelen – Sportscreams  
Vértes Restaurant (Gánt)

**Form of competition:** International, two-day event  
First day middle distance (Budapest Open Championship),  
Second day long distance (Budapest Open Championship)

The categories **M/W 16B, 18B, 21A, 35A and W20A** will be organized with **mass start** on the first day and **chasing start** (based on the results from day 1) on the second day. Therefore the courses will contain spreading elements.

**Organizing committee:**

Director:	László Gyalog
Deputy Chairmen:	Attila Horváth
Course planners:	Gergely Bugár (day 1), Áron Bakó (day 2)
Secretary:	Ildikó Kedl
Controller:	Tibor Erdélyi (both days)
Maps:	Ábel Sulyok., Tabáni Spartacus SKE
Start:	Attila Horváth, Áron Bakó
Finish area:	Zoltán Gyalog
Sport Ident:	Gábor Józsa
Head of forerunners:	Gergely Bugár (day 1), Áron Bakó (day 2)
Competition for children:	Orsolya Krasznai
Kindergarten	Erzsébet Csipi
Accommodation, foreign affairs:	László Gyalog
Doctor:	Ambrus Perczel

**Application:** 19<sup>th</sup> March 2016 (Saturday), from 8:30 to 10:00 a.m. in the finish area

New entry for 1000 Ft/2 days or 500Ft/1 day extra price, to the empty places!

Categories with no surcharge M/W21C, 15-18C, 12, 10D; OB, OD, OA, please note that places are limited!

**Number bib:** Runners in the mass start categories (M/W21A 18B, 16B, 35A, W20A) will get number bibs upon registration, which is compulsory to wear during the race.

Categories **M20 are cancelled** due to lack of entries.

**"0" time:** Day 1 – 11:00 a.m;

**mass start 11:20:** (M/W16B, 18B, 21A, 35A, W20A)

Day 2 – 10:00 a.m.

**chasing start:** M21A, M16B and W16B from 10:00, W21A and M35A from 10:10, W20A and W18B from 10:20, W35A from 10:30, M18B from 10:40

**Competition center -- Start distance: (blue–yellow band):**

Day 1: 1300m/40m, (mass start by the finish area)

Day 2: 1800m/85m

**Parking:** In the finish area, see map below.

**Map:** 1:10 000 5m and 1:15 000 / 5 m (30,5×21,5 cm) revised in 2011 and 2015, according to IOF norms

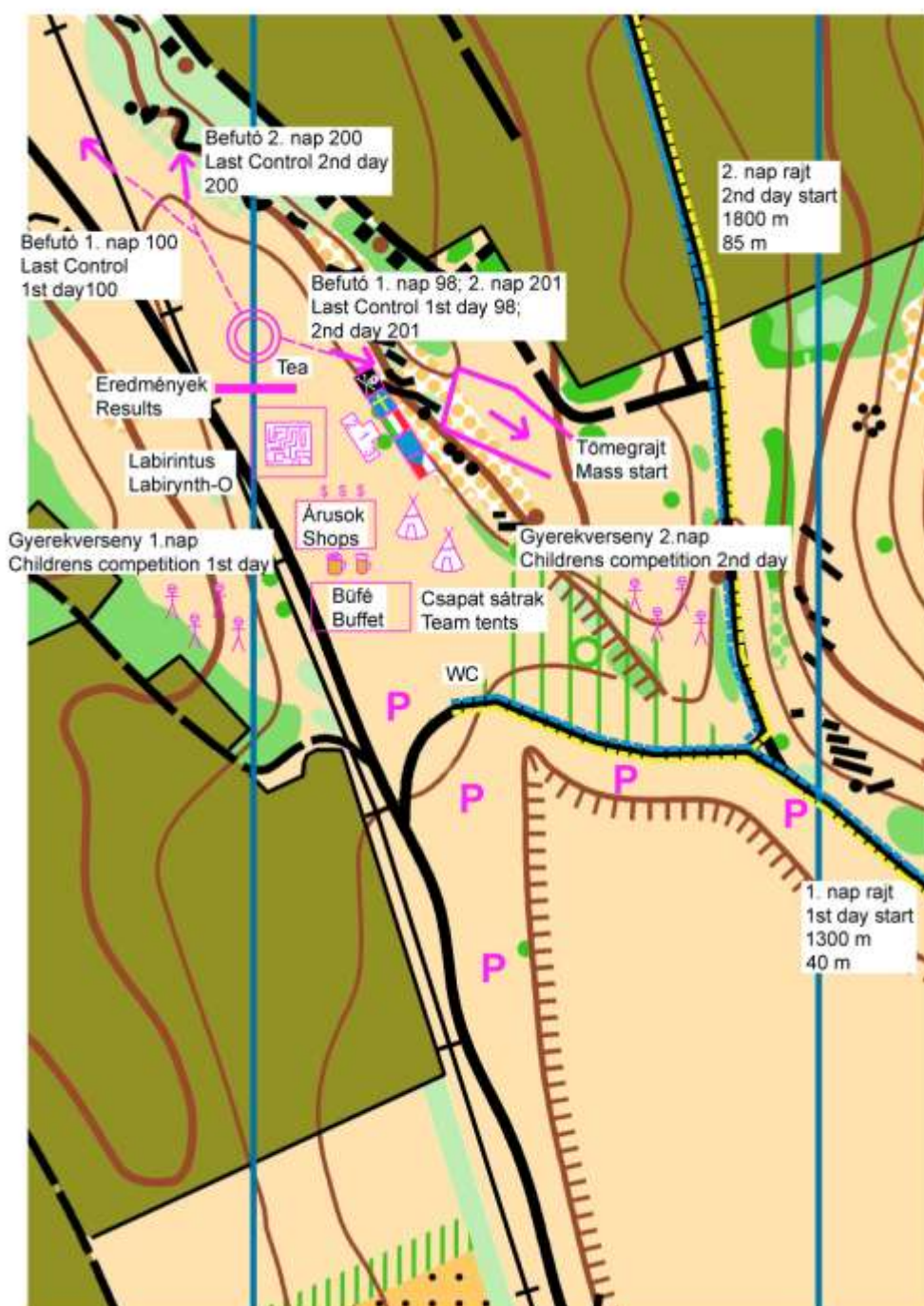
Day 1 the scale for all categories 1:10 000;

Day 2 in categories M/W 21A,B, 18B, 16B, M21BR, M21C, M35A and W20 1:15 000, for all other categories 1:10 000.

**Accommodation:** *Youth hostel:* Öreg tölgy turistaház, Csákvár, Szent István u. 2,  
*Youth hostel without bedding:* (20 bed rooms with own sleeping bag)  
(Csákkerény, Bajcsy u. 12. (old reformed school, by zte vicarage)

**Kindergarten:** We can look after your children in the Kindergarten at the finish area, day 1 from 10 a.m,  
day 2 from 9 a.m.

**Competition center**



### Mass start (Day 1, categories M/W 16B, 18B, 21A, 35A and W20A)

In order to minimize grouping of runners the courses will contain spreading methods (forking, runner's choice, score O)

**Runner's choice:** there will be multiple controls to choose from (marked with letters) and the runners have to check **only one** of them (see example below).

**Score O:** there is a group of controls (see example below) which the runner can visit in any order, **all the controls** have to be visited.

The diagram illustrates two types of controls used in the race. On the left, a 'Runner's choice' control is shown as a network of points labeled 1, 2, A, B, C, 4, 15, 16, D, E, and F. Arrows indicate possible paths between these points. On the right, a 'Score O' control is shown as a grid of points labeled 31 through 50. A vertical line separates the grid into two sections. The top section (31-45) is labeled 'Runner's choice' and the bottom section (46-50) is labeled 'Runner's choice'. A scale bar at the bottom indicates 170 m.

Tömegrajtos	
M16B	2,8 km
1	31
2	32
A	33
B	34
C	35
4	36
	37
	38
	39
	40
	41
	42
	43
F	48
E	47
D	46
15	49
16	50

### Chasing start (Day 2, categories M/W 16B, 18B, 21A 35A, and W20)

At the chasing start the courses will be forked at the first part, while keeping the distances as equal as possible.

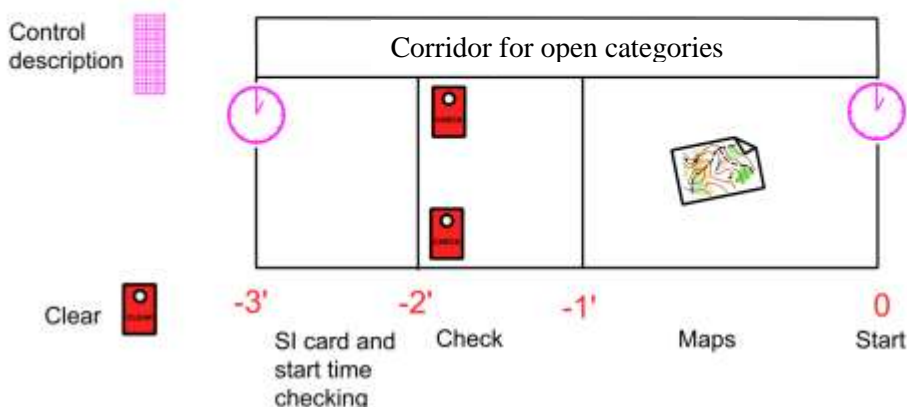


**"Dr.Kelen Sportscreams! Don't move without them!"**

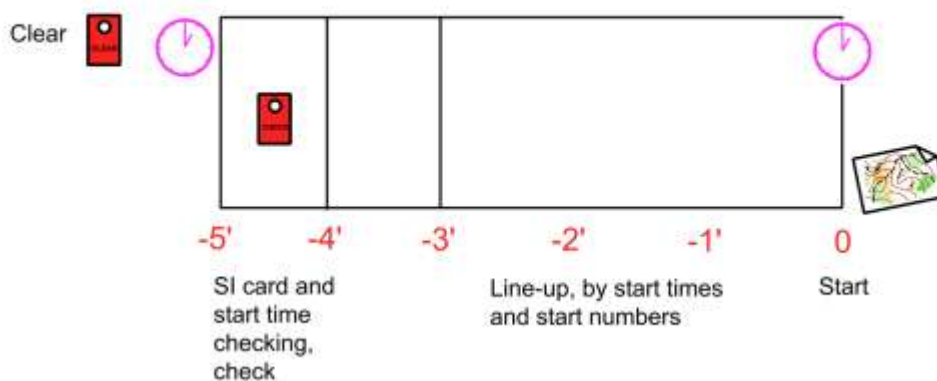
Top 10 finishers of each mass start category will get a Dr Kelen goodie bag on Day 1.

## Second day start:

### Traditional start:



### Chasing start:



#### Start for open categories:

Runners of categories OB and OA can start whenever they want between 0-120 minutes (day 1 11:00–13:00, day 2 10:00–12:00). The start time for the category OD is from 11:55 (day 1) and 10:55 (day 2)

#### Prize giving ceremony:

Spring Spartacus Cup: 20th March, Sunday, 1:45 pm. (combined results of the two days)  
Budapest Middle Distance Championship: 19th March, Saturday, 2:00 p.m.  
Budapest Long Distance Championship: 20th March, Sunday, 1:30 p.m.

#### Prizes:

*Spring Spartacus Cup*: first 3 of all categories receive medals, the winners receive an additional gift (Ceramics from Csákvár).  
*Budapest championships*: the first 3 get medals in the categories 12-21, diploma for the rest of the categories.

#### Categories of Budapest Open Middle and Long Distance Championships:

F/N 12C, 14B, 16B, 18B, 21A, 35A, 40, 45, 50, 55, 60, 65, 70, F75, F80

#### Accompanying race – labyrinth:

At the finish area you will have a chance to run labyrinth courses in a 20×20 meters area, with 1,5m wide corridors both days with 3-3 courses. The labyrinth will be rebuilt for Sunday. There will be two categories, for Women and for Men. Entry fee is 300 HUF/day. The first 8 per categories will be awarded based on combined results of both days.

#### Children's competition:

Start – Day 1: 11:00–13:00      Day 2: 10:00–12:00

Application near the finish area, continuously during the competition;  
Short and long courses, without results, all participants receive presents.

**Data on the courses** (*distance [km] / height level [m] / number of controls*)

Category	day 1			day 2			Category	day 1			day 2		
	length	climb		length	climb			length	climb		length	climb	
M21A	6,0	275	29	10,9	425	29	W21A	4,8	215	20	7,6	260	16
M21B	4,7	195	13	8,8	340	23	W21B	3,2	115	14	5,6	210	22
M21BR	3,2	115	14	5,6	210	22	W21BR	2,4	80	10	3,5	135	16
M21C	4,1	75	10	6,4	160	17	W21C	3,3	75	7	3,5	35	10
M20A	5,0	240	25	9,1	325	29	W20A	4,2	195	15	6,2	205	22
M18B	4,8	215	20	9,1	325	29	W18B	4,2	195	15	6,2	205	22
M15-18C	3,3	75	7	3,5	35	10	W15-18C	2,4	40	7	3,3	45	11
M16B	4,4	215	19	7,6	260	16	W16B	3,8	165	17	4,6	115	14
M14B	3,5	145	12	4,2	125	20	W14B	2,4	80	10	3,5	135	16
M12C	2,4	40	7	3,3	45	11	W12C	2,1	35	6	3,0	25	8
M10D*	3,3/2,2	45	5	4,3/2,8	60	9	W10D*	3,3/2,2	45	5	4,3/2,7	50	7
M35A	5,0	240	25	9,1	325	29	W35	3,8	165	17	6,2	205	22
M35BR	3,0	130	12	5,2	140	17	W40	3	130	12	5,21	140	17
M40	4,6	190	17	7,9	315	21	W45	3,2	110	10	4,1	120	19
M45	4,1	165	14	6,6	220	18	W50	2,5	70	10	3,6	140	17
M50	3,6	160	12	5,7	155	20	W55	2,1	70	9	3,1	125	15
M55	3,4	130	12	4,2	125	20	W60	1,7	75	8	3,0	90	13
M60	3,2	110	10	4,1	120	19	W65	1,5	60	9	2,4	50	12
M65	2,5	70	10	3,6	140	17	W70	1,4	40	8	2,0	65	11
M70	2,1	70	9	3,1	125	15	OB	2,4	50	7	2,9	60	11
M75	1,6	60	9	2,4	50	12	OD*	3,3/2,2	45	5	4,3/2,7	50	7
M80	1,4	40	8	2,0	65	11	OA	4,3	160	13	4,9	125	14

\* the longer distance is the one of the taped course; OB = Open for beginners, OD = Open taped OA = Open for advanced

**Categories of the Budapest Open Championships (Middle and Long Distance):**

M/W 12C, 14B, 16B, 18B, 20A, 21A, 35A, 40, 45, 50, 55, 60, 65, 70, M 75, 80.

**Other information:**

- the SPORTident electronic punching system (SI) is to use, those who don't have own electronic card can rent one; for 300 Ft/day;
- **the maps are printed on water-resistant paper;**
  - runners may pick up the map only at start time;
  - there is control description at the start area and on the map, too;
  - refreshing point at day 2 (at the arena pass, on checkpoint 200), in the following categories: M21A, M21B, M18B, M35A and M40. You can submit your own refreshments until Sunday 10:00, by the finish area;
  - refreshment (tea) at the finish for competitors;
- Following the green initiatives of the Hungarian Orienteering Federation, we kindly ask everyone to minimize our ecological footprints. **Please bring your own cup for the refreshments and don't leave any trash.**
- buffet (with warm food) in the finish area;
- **Dr. Kelen cosmetics will available for purchase at the finish area ;**
- smoking is forbidden in the whole competition area;
- please protect the flora and fauna of the forest.

Information: Internet: [www.tabanispartacus.hu](http://www.tabanispartacus.hu)

E-mail: [tabanispartacus@gmail.com](mailto:tabanispartacus@gmail.com)

*We wish you a successful competition!*

*ORGANIZING COMMITTEE*