

INFORMATION on 56th SPRING SPARTACUS CUP

Tabáni Spartacus greets all competitors from Hungary and abroad at our traditional spring competition.

Date of competition: 15-17 March, 2019 (Friday–Sunday)

Finish area: Municipality of Szár

Coordinates: 47.476155, 18.485997 (47°28'34.2"N 18°29'09.6"E)

Driving instructions:

You have to reach “Nobilis Pálinka” in Szár. From there you have to drive approximately 1200 meters on a dirt road to the parking lot. Please check the following Google Map for further information:

<https://www.google.com/maps/d/u/0/viewer?mid=1Cb0wdrBUOPKbe71FG2kH7qMO0SX1Dp6B&ll=47.47965786001081%2C18.504904937182005&z=15>

Organizing committee:

Director:	Ádám Lengyel
Deputy Chairmen:	István Bujdosó
Course planners:	Zoltán Bujdosó (day 1), József Tálas (day 2) , Áron Bakó (day 3)
Maps:	Ábel Sulyok, Zoltán Dénes
Secretary:	Luca Németh
Accommodation:	László Gyalog
SportIdent:	Gábor Józsa
Competition for children:	Krisztina Cser, Eszter Marosfalvi
Kindergarten:	Erzsébet Csipi

Registration: Friday from 9:00 to 11:30, Saturday-Sunday 8:00-9:30 in the finish area.
New entries are welcome to the empty start slots, for a 500Ft/day surcharge.
There is no surcharge for categories OB, OD, OA. Please note that places are limited!

"0" time: *Day 1 – 12:00 a.m.*
Day 2 – 10:00 a.m.
Day 3 – 10:00 a.m.

Competition center-Start distance:

<i>Day 1:</i>	2400 m / 175 m (blue-white ribbon)
<i>Day 2:</i>	1700 m / 95 m (blue-white ribbon)
<i>Day 3:</i>	1900 m / 90 m (blue-white ribbon)

Transport to the start:

Due to the large distance from the Event Center to the start, there will be transportation to the start for the following categories on every day:
W65A, 70A, 75A; M75A, 75A, 80A
For more information, please ask the organizers on the spot.

Parking: The distance of the parking lot from the Event Center is 500 meters.

Map: Revised in 2018-2019, according to ISOM 2017 norms, printed on water resistant (pretex) paper. Scale will be 1:10 000 / 5m except for categories M/W 16A, 18A, 21A, 35A and M21C on day 2, when it will be 1:15 000 / 5 m.

Accommodation: *Youth Hostel:* Csákvár, Öreg Tölgy Turistaszálló, Szent Mihály tér 10.
Hard floor: Szár, Sportcsarnok, Forrás utca

Kindergarten: While you are running, we can look after your children in the Kindergarten at the finish area, day 1 from 11 a.m., day 2-3 from 9 a.m.

Prize giving ceremony:

15 March, 16:00 pm. Budapest Middle Distance Championship
 17 March, 14:00 pm combined results of the three days

Prizes: First 3 of all categories receive medals, the winners receive additional gifts.

“Orienteering-biathlon”:

On Friday from 11:00 am until 15:30 pm you can take part in an “orienteering-biathlon” race near the Event Center. This means you have to run three labyrinth courses, and between them shoot with a laser gun. We give penalty time for the wrong shoots. For further information, please visit the labyrinth on Friday and ask the organizers.

Entry fee: 500 HUF

Course setter: Péter Divin

Labyrinth: On Saturday and Sunday you can take part in a labyrinth course.

There will be 2-3 labyrinth courses on both days.

Entry fee: 300 HUF/day

Categories: Men, Women

Course setter: Áron Bakó

The 3 fastest man and woman with the best overall result from the 2 days becomes a prize.

Children’s labyrinth:

We are going to build a smaller labyrinth for the children. They can try this kind of competition without any charge.

Children’s competition: Start – Day 1: 12:00–14:00 Day 2: 10:00–12:00

Application near the finish area, continuously during the competition;

Short and long courses, without results, all participants receive a present.

Number bibs: We are only using number bibs for the **chasing start on day 3**. Bibs will be displayed at the start, every runner can take their own. It is compulsory to wear the bib for all runners, except for the Open categories and M/W10D as those will have regular start times on day 3 too. There will be free safety pins, however we encourage you to bring your own reused ones.

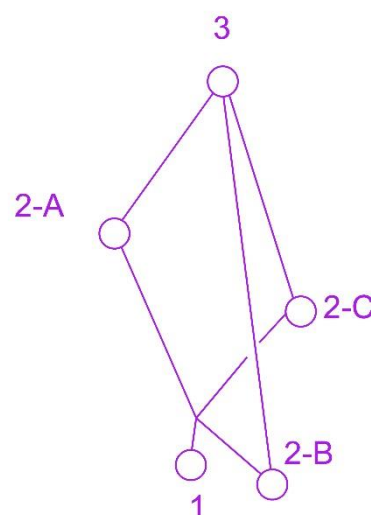
Combinations in the courses on day 3:

On day 3 the following categories are not ranking categories:

M14B, 16B, 18B, 20A, 21A, 21B, 35A, 40A, 45A, 50A, 55A,
 W16B, 18B, 20A, 21A

In these categories, there may be farsta points and optional points in the course. By the optional points you only have to choose 1 from the 3 points. On the right, you can see an example of the representation of these points on the map.

In the other categories there will be normal course for everyone.

**Map exchange:**

On day 3 there will be a map exchange for the following categories:

M16B, 18B, 20A, 21A, 21B, 35A, 40A, 45A, 50A, 55A,
 W18B, 20A, 21A

The place of the map exchange is marked on the map.

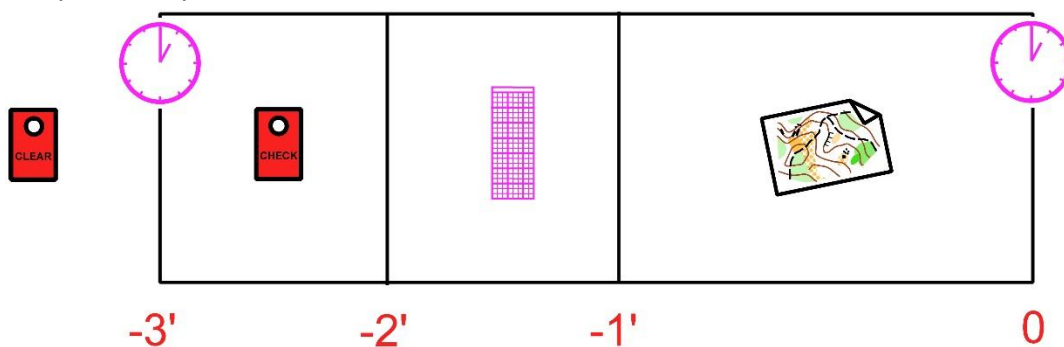
Control description:

There will be control description on the map, but you can also take one in the start. On day 3 (in the not ranking categories) there will be control description only on the map.

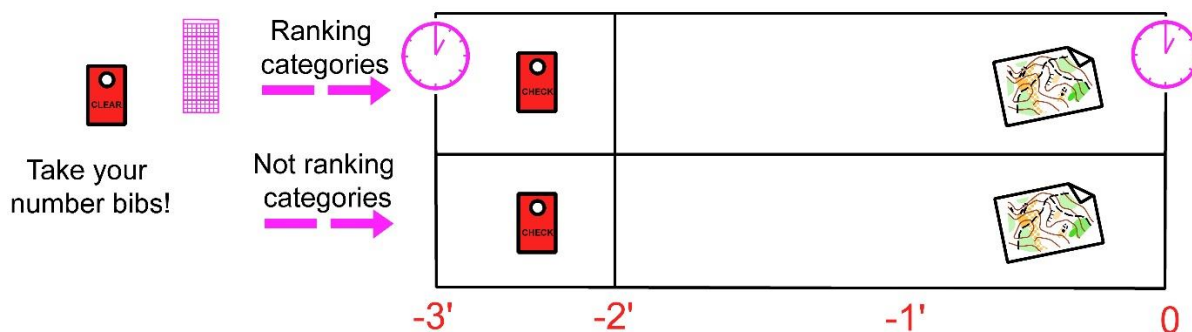
Start lists: The start lists will be published on 11th March on our website (www.tabanispartacus.hu). In the categories with chasing start, the start list for day 3 will be published only on 16th March until 18 pm.

Start procedure:

On day 1 and day 2



On day 3 (for the chasing start)



For the Open categories and M/W10D there will be normal start on this day too. They won't get a number bib.

SportIdent:

We are going to use SportIdent system with AIR+ active units. If the unit is not responding, punch the control the old fashioned way (stick the card in the box). If that doesn't work either, try the even older fashioned way and use the needle punch on you map. SI and SIAC cards can be rented on the spot for 300 HUF/day

Course details:

Due to the low number of entries, we cancelled M35A and W70A category.

The longer distance in OD and 10D categories stands for the taped course.

Open B = Open for beginners, Open D = Open taped, Open A = Open advanced.

You can keep your map after the run, but in order to provide fair play for everyone, don't show the course to those who didn't run yet.

Category	Day 1 Middle			Day 2 Long				Day 3 Shortened long			
	Distance	Elev.	Cp.	Distance	Elev.	Cp.	Refresh.	Distance	Elev.	Cp.	Refresh.
M10D	2,4/4,2	65	7	2,7/3,9	110	6	-	2,0/4,6	60	7	-
M12C	2,6	65	9	3,2	140	7	-	2,2	65	10	-
M14B	2,5	130	13	4,6	230	13	-	3,6	120	13	-
M15-18C	2,8	90	11	3,9	185	7	-	2,8	90	10	-
M16B	3,4	160	16	6,9	250	17	35%	5,1	215	19	29%
M18B	4,4	200	17	7,9	330	15	43%	6,2	280	19	53%
M20A	4,4	190	16	8,4	540	15	18%	7,1	340	20	59%
M21A	5,5	270	29	11,2	625	20	58%	9,5	470	28	49%
M21B	4,4	200	17	8,3	550	18	75%	6,2	275	19	52%
M21Br	2,8	125	14	6,5	320	19	-	3,9	140	26	-
M21C	4,0	140	10	7,1	270	12	49%	5,0	155	10	-

M35A	4,4	190	16	9,1	485	12	-	7,1	340	20	59%
M35Br	2,4	95	15	5,3	240	14	-	3,3	120	19	-
M40A	4,0	210	17	8,0	430	18	52%	6,2	280	19	53%
M45A	3,8	165	17	7,4	300	16	51%	5,8	225	18	36%
M50A	3,4	160	16	7,2	315	13	50%	5,1	215	19	29%
M55A	3,2	150	18	6,9	250	17	35%	4,5	215	18	36%
M60A	3,1	150	14	6,1	270	14	-	4,1	150	17	-
M65A	2,6	90	15	4,6	230	13	-	3,7	130	18	-
M70A	2,6	80	12	3,9	170	10	-	3,2	130	15	-
M75A	2,3	70	12	2,9	140	9	-	2,7	95	12	-
M80A	2,2	60	9	1,9	80	11	-	1,8	50	11	-
W10D	2,3/4,2	60	7	2,6/3,9	120	6	-	1,8/4,5	60	8	-
W12C	2,3	65	8	2,7	135	6	-	1,8	60	9	-
W14B	2,2	90	13	3,3	135	14	-	2,4	100	15	-
W15-18C	2,6	65	9	3,2	140	7	-	2,2	65	10	-
W16B	3,1	150	14	4,7	230	14	-	3,6	120	15	-
W18B	3,5	170	17	6,1	270	14	-	4,5	215	18	36%
W20A	3,5	170	17	7,2	315	13	50%	4,5	215	18	36%
W21A	4,0	210	17	8,0	430	18	52%	6,2	275	19	52%
W21B	3,2	150	18	4,3	250	11	-	3,5	120	15	-
W21Br	2,4	95	15	3,3	135	14	-	2,7	90	16	-
W21C	2,8	90	11	3,9	185	7	-	2,8	90	10	-
W35A	2,8	135	17	5,6	275	13	-	4,1	150	17	-
W40A	2,8	135	17	5,3	240	14	-	4,1	150	17	-
W45A	2,8	125	14	4,7	230	14	-	3,7	130	18	-
W50A	2,6	90	15	4,3	250	11	-	3,5	120	15	-
W55A	2,5	70	12	3,9	170	10	-	3,2	130	15	-
W60A	2,6	80	12	3,5	175	9	-	2,7	95	12	-
W65A	2,3	70	12	2,9	140	9	-	2,4	100	15	-
W70A	2,2	60	9	2,1	90	9	-	1,8	50	11	-
W75A	2,0	30	9	1,9	80	11	-	1,7	40	10	-
Open D	2,3/4,2	60	7	2,7/3,9	135	6	-	1,8/4,5	60	8	-
Open B	2,7	80	8	3,0	130	7	-	2,8	90	8	-
Open A	3,7	180	20	4,8	240	12	-	3,0	135	18	-

Refreshment:

On day 2 and day 3 there will be a refreshment point for the longer categories. This will be marked on the map or in the control description.

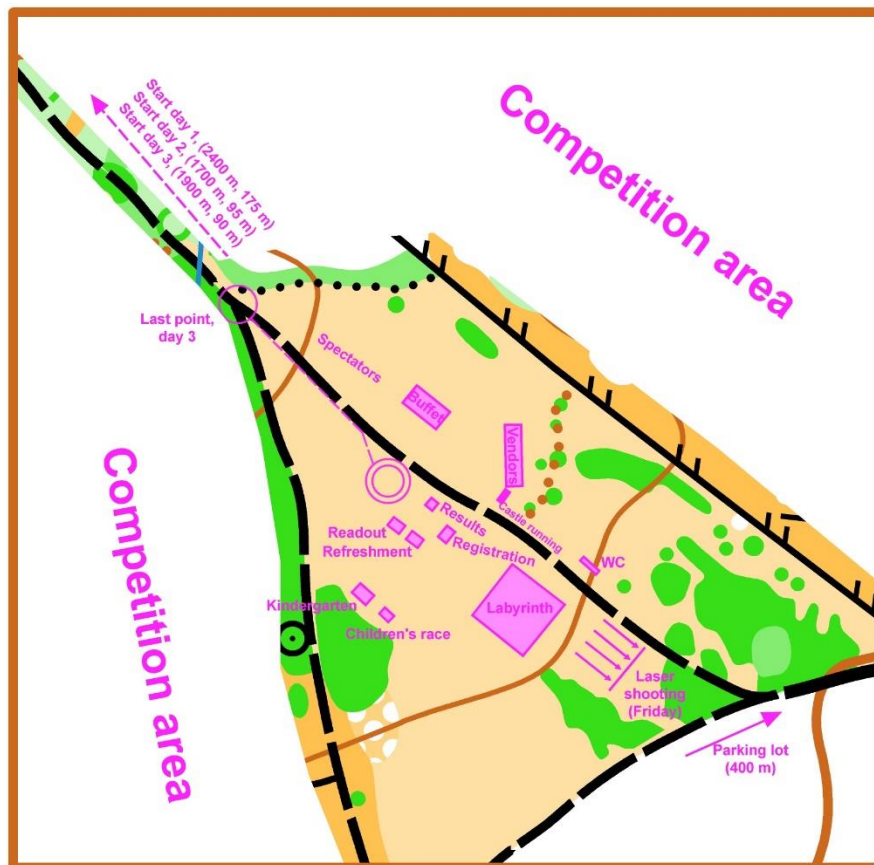
Results:

We will stream the results in the finish area. Connect to the WiFi network SSID: result and open the <http://result.hu> URL. We will also show the results on a screen in the finish area.

Waste management

Following the green initiatives of the Hungarian Orienteering Federation, we kindly ask everyone to minimize our ecological footprints. Please bring your own cup for the refreshments and don't leave any trash. Use the recycling bins/bags when possible, and compress your PET bottles and other "airy" waste before throwing them out.

Map of the finish area:



Other information:

- We will provide first aid in the finish area if needed.
- All runners will get refreshment (tea) at the finish.
- Organizers need to be informed about all commercial activity on the competition (except for handing out flyers).
- By entering the competition all runners give their consent to the organizers to make photographs and video recordings and the use of these photographs and/or recordings singularly or in conjunction with other photographs and/or recordings for advertising, publicity, commercial or other business purposes.
- Buffet (with warm food) in the finish area.
- Smoking and any open flames are forbidden in the whole competition area.
- Keep your dog on a leash and in order to protect the wildlife don't take him/her with you to course.
- Please run with your safety in mind, everybody attends the competition on their own risk.

You can ask for further information via e-mail (tabanispartacus@gmail.com), or you can also write us on Facebook!

Our sponsors:

