

13th Nógrád Grand Prix 2019 - Information

Salgótarjáni Dornyay SE, Balassagyarmati Balassi Bálint KSE
and the Orienteering Federation of Nógrád County
welcome you to the Nógrád Grand Prix 2019!

General information

Patron of the competition Szabó Csaba, mayor of Hollókő
Kelecsényi Péter, managing director of
Hollókői Világörökség-kezelő Nonprofit Kft.

Organizing committee

<i>President</i>	Kovács Gábor	
<i>Vicepresident</i>	Goldmann Róbert	
	<i>Course setter</i>	<i>Controller</i>
<i>-night</i>	Kovács Zoltán	Győri László
<i>-E1 middle</i>	Goldmann Róbert	Varga István
<i>-3x3 relay</i>	Kovács Péter	Varga István
<i>-E3 long</i>	Erdélyi Gyula	Varga István
<i>Secretary</i>	Fehérváriné Dénes Judit	
<i>SI</i>	Berecz Gábor, Kovács Balázs, Goldmann Róbert	
<i>Start</i>	Bessenyei István	
<i>Finish</i>	Stork Joachim Gábor	
<i>Control setting</i>	Erdélyi Gyula	

Programme, „0” start times, venues

26.04.2018 Friday	21:00	Hollókő	night event
27.04.2018. Saturday	10:30	Hollókő	E1 - middle distance event
	15:00	Hollókő	3x3 relay event
28.04.2018. Sunday	10:00	Hollókő	E2 –long distance event

Overwiev on Google map:

<https://drive.google.com/open?id=1tXj2HbEkfntWi9lZWuX-O9L37T3CUEx7&usp=sharing>

Event Centre (EC), registration

Locations and timetables can be seen in the section “Details on the etaps”. Registration on location is only available until the printed maps and vacant starting places are filled in, each day in the EC.

entry fee	from 17.04		
night			2700 HUF
E1, E2,	MW12C-18	1 day	3000 HUF
	MW65-	2 days	5400 HUF
	MW20-60	1 day	4000 HUF
		2 days	7400 HUF
	Open	1 day	2100 HUF
	D, DK	2 days	4000 HUF
3x3 relay			8300 HUF

Parking

Read section ***Details on the etaps*** for exact locations. During parking please follow the instructions of the organizers. Please do not leave valuables in your vehicles, because there will be not only orienteering competitors in the Event Center's area. You can leave your car keys at the kindergarten where it will be guarded.

Terrain

Detailed description can be found in each etap.

Maps

Fieldwork in 2012-13, revised in 2019, 4+1 colored digitally printed to Pretex water-resistant paper. ISOM2017 symbol system is used for the night, E1 middle, and E2 long events. ISSOM 2017 is used for the maps of the 3x3 relay. Read section ***Details on the etaps*** for details such as scale, contours, size, etc. Prior versions of maps can be seen in the finish area in a form of exhibition.

Control descriptions

Printed on the maps. Extra control description can be picked up at the start area (except the 3x3 relay). For the extra control description we provide you equipment to put it up (scissors and duct tape), however, for the sake of environment friendliness, we ask you to please use your own control description case, if possible.

Categories

M - Men, W - Women. Open categories: Open A – Open advanced; Open B – Open beginner; Open D – Open with stripes.

Categories 10D, 12D and Open D are marked with stripes, but the stripes are not following the logical route of the course. The brave can choose the shorter route without the stripes.

No accompanist allowed in 10D and 12D. In category 10DK the course is marked with stripes and competitors are allowed to have an accompanying member.

Stripes of 10D, 12D, 10DK and Open-D are colored orange. Along the stripes there will be controls, which are not part of the course.

Category contraction:

M20A > M21A

W45A > W35Br

If the contraction doesn't fit to one's needs, it can be modified free during registration.

Categories of 3x3 relay can be seen in the detailed description of the event.

Start bib

There will not be start bibs in the individual races, only in case of the 3x3 relay. To reduce environment pollution we only give safety-pins to prior request. Please, bring your own safety-pins if possible.

Punching

SPORTident electronic punching system will be used. The SI units will be working in Air mode during the individual races. In case of the 3x3 relay, SI units will be working in the traditional mode (you have to punch, even with the Air+ cards).

Controls

Control points will be equipped with SI-box, punch, orange-white or red-white flag. On night event controls will reflect light.

Refreshment

All competitors arriving to the finish will get a refresher. On the longer courses of E2 there will be a refreshment opportunity during the race. See section „Details on the etaps” for further info.

Map collection

Maps will not be collected after the individual races. Please be fair, DO NOT show your map to any other competitor who still has to run their course. In case of the 3x3 relay, we'll collect the maps, and give them back after the event.

Results

Results can be observed in several ways. Beamers at the finish areas will show results. On the other hand, you can check your results online, by connecting to the Wi-Fi with your smartphone, tablet or laptop. No mobile internet connection is needed to check the results.

Technical details: SSID: result (open system, no password needed)

You have to type into your browser the following: <http://result.hu> . You can find the simplified version of the events website and get to the results by one click. You select the category and set

the interval if refresh (30 seconds, 1 minutes, 2 minutes or 5 minutes) Organizers are happy to help you in case you have questions.

Results printed will be in limited amount. Result of the day and totalized results will be hanged at the finish area the next morning. Results will be uploaded to the events website at the end of each day.

Children's race, kindergarten, left-luggage point

Children's race (free of charge) E1, E2 near the EC. During the competitions kindergarten is provided by the organizers at the EC.

You can leave your luggage at the kindergarten where it will be guarded. Your car keys can also be left there in safe position.

Victory ceremony:

Night: Friday 23.00

3x3 relay: Saturday 17.30

Overall: Sunday 13.30

Accommodation

Dormitory: Tittel Pál Kollégium, Pásztó, Rákóczi út 5.

47°55'22.5"N 19°41'32.7"E illetve 47.922903, 19.692407

Hard floor gym with own equipment (only for saturday night): Zsigmond Király Általános Iskola Pásztó, Nagymező út 36. The same yard as the dormitory, drive in from Rákóczi út.

47°55'22.4"N 19°41'38.6"E illetve 47.922899, 19.694059

Accommodations reserved through the organizers can be approached with a ticket, on Friday from 17.00, on Saturday from 16.00. Departure on Sunday until 9.00.

Please don't leave your values (notebook, mobile phone) unguarded on the accommodations. Close the rooms during the night.

Prizes

On the night event there will be medal prizing.

The first 3 of each relay teams will be given a prize.

After the two individual races E1+E2 each category's first three places will receive medals and prizes.

Selective waste collection

According to the Hungarian Orienteering Federation's regulation, there will be a selective waste collector in the middle of each finish area. Please place your waste into these containers, because there will be no other ways to collect waste.

Details on the etaps

Night event, Hollókő, Friday 26th April 2019

Event Centre

Küszöb Információs Iroda, Hollókő, Central parking
47°59'48.2"N 19°35'21.6"E illetve 47.996710, 19.589344

Approach

Signed with boards inside Hollókő.

Parking

In the Central parking. Free of charge after 16.00.

Registration

17:00-19:00 in the dormitory, Pásztó.
19:30-20:30 in the Event Centre, Hollókő

First start 21:00

Terrain

Varied terrain, with different levels of runability and steepness. Courses go through the reserved buildings of the Ófalu (Old Town) of Hollókő and around the medieval castle, which is part of the World Heritage. Courses also go through open lands with scattered trees.

Map

Scale, contours, size: 1:10 000 / 5m / A5: MW 16, 18, 21
 1: 7500 / 5m / A4: other categories

EC-start 100m no stripes, signed with boards.

Other

There will be no mobile toilets. Please use the toilets in the building by the Event centre.
The logical route of most courses go near the EC of the Saturday and Sunday events. There will be tents, cordon tapes, etc. there. This EC will not be shown on the map of the night event.

E1, E2 and 3x3 relay, Hollókő, Saturday 27th April and Sunday 28th April 2019

Event Centre

Hollókő, Gomb-hegy
47°59'49.2"N 19°35'02.3"E illetve 47.997008, 19.583977

Approach

Signed with boards inside Hollókő.

Parking

There will be a temporary parking area 200-500 meters from the EC. Please follow the instructions of the organizers while parking. Parking instructors will also collect the parking fee, which is 500 HUF/car/day. Please DO NOT use the parking places of the Castellum Hotel (except when you stay there). Parking in the village costs 1200 HUF/car/day, payment at the parking meters.

Registration on Saturday from 8:00 to 10:00, on Sunday from 8:30 to 9:30 in the EC. For the 3x3 relay also on Saturday from 12:00 to 14:00.

Other

The area near the EC is a competition area on Saturday. Please don't enter the fenced area.
There will be no mobile toilets. Please use the toilets in the building near the Event centre (100m) and near the Central parking place (100...300m).

E1 middle distance, Hollókő, Saturday 27th April 2019 morning

First start 10:30

Terrain

Sheer and straight parts both can be found on the terrain. Running on the clean forest will be clogged by stony areas and there will be bushy part as well. Partly rich in contour details. Some parts of the courses will be in a newly wooded area where old trees will be marked one by one.

Map

Scale, contours, size: (see the table of Courses)

1:10000 / 5m / A3

1:10000 / 5m / A4

1:7500 / 5m / A3

1:7500 / 5m / A4

The finish area of this day the will be different from the EC.

EC-start 800m / 10m, blue-white stripes. The striped route to the start will not go through the outsourced finish.

Finish area-EC 400m / 50m, yellow and white stripes.

Other

Because of the steep slopes, it is strongly recommended to wear spiked or knobby shoes.

3x3 relay, Hollókő, Saturday 27th April 2019, afternoon

First start 15:00

Terrain

The medieval castle of Hollókő and its surroundings. Some open lands with scattered trees, forests with various runnability. The remains of former stone mines and clean rock surfaces

Map

Scale, contours, size: 1:4000 / 5m (longer parts)

1:2000 / 1m (shorter parts) are together on an A5 sheet

Changeover and finish area in the Event centre

Other

Because of the steep slopes, it is strongly recommended to wear spike or knobby shoes.

Categories

Two courses (**Long** and **Short**), 3 members/team. Club, gender, age are no matter, you can be in a team with anyone. One can entry alone, in this case we help you to find a team. Each member runs 3 times, each time a different course.

For age and gender are the following restrictions in the several categories:

course	class	restrictions
Long 3x3x1,1 km	M50-	age sum maximum 50 years
	M21	anyone without restriction
	W21	only women
	M100+	age sum minimum 100 years
Short 3x3x0,7 km	M40-	age sum maximum 40 years
	W50-	only women, age sum maximum 50 years
	W100+	only women, age sum minimum 100 years
	M150+	age sum minimum 150 years
	W150+	only women, age sum minimum 150 years
	Mix	anyone, but at most one M21runner per team

Process of the relay

Registration by name and strict order of the runners with SI numbers should be given as soon as possible through the online Entry system or by filling a registration form which can be downloaded from the website and must be sent to info@nogradnagydij.hu. The deadline is 20:00 Friday, 26th April.

Those who send their registrations after the deadline will have to pay 1000 HUF/team as an administration fee. Registrations can only be modified in special cases (e.g. injury, etc.). A high amount of late registrations and registrations on the spot can cause unwanted possibilities of error.

As in case of all big relay events, 3x3 relay starting order will be set according to last year's results. It means that last year's best will be given the 1st number, in case of the short course the 101st, and the others in an ascending order. By this method, the best teams will be in the first line during mass start.

Clubs with several teams are also going to be given the numbers in this order. So it is advised to give the 1st number to the best team. The numbers of teams within clubs should be registered online and on the register paper. There is an opportunity to give fantasy names to your team.

All members of each relay will run 3 times. The running order is bounded, which means the first runner runs 1st, 4th and 7th time, the second runner runs 2nd, 5th and 8th time, and the third runner runs 3rd, 6th and 9th time.

Every runner runs a different course each time, which means all runners run all of the three courses, however not sure they will run it on the same order! Results will be counted as one after running all three courses. So competitors will run 3 courses but it will count only as one.



The start number bibs of the competitors will be colored on three colors. The 1-4-7 runners' are blue, the 2-5-7 runners' are yellow and the 3-6-9 runners are magenta.

To reduce environment pollution, safety pins to the numbers will be given only to request, if it is possible, every competitor brings own safety pins to the race.

First runners will be given the map on the hand at the mass start. All the other runners have to pick up their map from a stand on the open-air stage on their own! On the stand, maps are organized on ascendant order from **right to left**, maps of a team are under each other on an erect column. On the top, the second runner's and beneath that, the third's and so on to the 9th. All the maps contain the number of the team and the number of the runner (for example: 23.8, which means relay 23, runner 8).

Every time the top map must be picked. To make competition easier, the color of the map will be the same as the color of the start number bib of the current runner.

The state of the competition can be observed clearly during the race, by the amount of the maps on the stand. Which team has the less maps, they are likely the best.

After the stand competitors have to run some meters to the actual start marked on the map which is marked with a control flag.

Controls of different courses are placed closely to each other in some cases. But take good care of checking the code of the controls.

The first and longer part of the courses will be in forested and semi-open areas. This part will be on the map's upper side with the scale of 1:4000/2,5m. After this part competitors will reach the spectator control where they have to run the second and shorter part of the course. You have to check every time you pass through spectator control.

The shorter part will be on the map's lower side with the scale of 1:2000/1m. Controls will be placed really close to each other. Take good care of checking the code of the controls.

At the end of each course, runners will reach the last control then, they need to run about 50 meters on a marked route to the finish. Changeover can be done by touching hands. After the changeover, the arrived competitor must punch in the finish as well, then the SI card must be out read in the finish tent.

ATTENTION! Please be careful to clear your SI card only after the outreading, if you do not, all results of you and your teammates will be disqualified!

After outreading, the map must be put in a bag, which is marked with the start number of the team. After this, runners will be given refreshment.

When stepping in to the change at the start of the next course, you have to clear your SI. Pay attention to clear your SI, because if you do not do so, there will not be enough space for the next course.

E2 long distance, Hollókő, Sunday 28th April 2019

First start 10:00

Terrain

Sheer and straight parts both can be found on the terrain. Running on the clean forest will be clogged by stony areas and there will be bushy part as well. Partly rich in contour details. Some parts of the courses will be in a newly wooded area where old trees will be marked one by one.

Map

Scale, contours, size: (see the table of Courses)

1:10000 / 5m / A4

1:10000 / 5m / A5

1:7500 / 5m / A4

The finish area of this day the will be different from the EC.

EC-start 2300m / 80m, blue-white stripes. The striped route to the start will not go through the outsourced finish. Finish area-EC 750m / 120m, yellow and white stripes.

Refreshement

Between controls, marked with a cup on the map in the following categories:

M18A 72%

M20A 64%

M21A 43% 70%

M35A 64%

M40A 67%

M45A 60%

W21A 72%

Other

Because of the steep slopes, it is strongly recommended to wear spiked or knobby shoes.

We wish you a successful and enjoyable competition

ORGANIZERS