



**Date:** 3-5 July 2020

Location: Fülöpháza – Ágasegyháza (GPS: 46.864987, 19.425295)

Organizer: Dél-Alföld Sportjáért Foundation, on behalf of Hódmezővásárhely MJV Diáksport Egyesület

Co-president, finish: Scultéty Márton

Course setter: Szakál Péter Start: Dénes Ildikó, Szakál Péter SI: Karakai Áron, Bordács László Competition office: Petrócki Ádám

Co-president, speaker: dr. Szlávik Zoltán

Controller: Dénes Zoltán

Outside start/finish: Németh Ágnes Competition doctor: ifj. Tóth Károly

## Program:

| 2020.07.03 | 12:00 | opening of Competition Centre                           |
|------------|-------|---|
| 2020.07.03 | 20:00 | O-party until midnight (DJ Tömös)                       |
| 2020.07.04 | 10:00 | mass start of 24/12 h relay and individual races        |
| 2020.07.04 | 22:30 | prize giving ceremony of 12h relay and individual races |
| 2020.07.05 | 10:30 | prize giving ceremony of 24h relay and individual races |
| 2020.07.05 | 12:00 | closure of Competition Centre                           |

Categories: 24 h relay, 12 h relay, 24 h individual, 12 h individual

Finalization of registration: All relays must provide the team composition in the order of running (Names and SI chip number) by filling the registration Google form before midnight on 29 June 2020. Please also indicate which camping zone you intend to use during your stay (Zone A to E, see map of the CC). After 30 June you can modify your registration only via email (z.szlavik@gmail.com),1000 HUF/person for each modification, to be paid at the registration desk.

**Registration:** Takeover of start packages from 5 pm to 10 pm on the 3 July or from 8 am to 9 am on the 4 July. Start package includes: bib numbers, start cards, armbands.

## Camp Zones:

- A/B zone: "noisy" camp, open area surrounded by forest.
- C zone: "not to noisy" camp, open area surrounded by forest, close to the map start, optimal for individual runners.
- D zone: "silent" camp, open area











• E zone: "silent" camp, here you can find shower (with cold water) and mobile toilette. Here you can use gas flame for cooking.

Strictly forbidden to make fire. Forbidden zones are marked by cordon tapes at the CC. Electricity is available in the camp with limited capacity. Forbidden to camp at the parking site.

**Terrain:** Sand dunes with open, semi open areas and juniper bushes like a labyrinth. There are intensive forest works on the terrain, new clearances and wood carrier paths are possible after the map check.

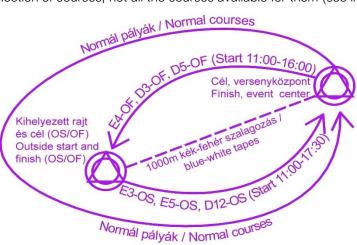
**Map:** scale: 1:10000, contours: 2m, size: as indicated in the table of course details, printed on Pretex paper. Additional symbol list is not provided.

**Punching system:** SPORTident, az Air+ mode will be switched off.

## Courses:

- Course details can be found below.
- Shorter day courses compared to the practice of previous years.
- 'S: short' and 'L: long' prefix is no longer in use, number of the course indicates the length (larger number = longer course)
- Only Start Farsta (SF) and Final (F) courses contain spectator control. In case of all other courses there is no short loop before the finish.
- Individual runners can choose only from a selection of courses, not all the courses available for them (see in course details table below).

Outside changeover: 6 courses involved, 3 courses with outside finish (E4-OF, D3-OF, D5-OF), they start from the CC and arrives to the outside changeover place. After completing the Start course, runners can start until 4 pm; 3 courses with outside start (E3-OS, E5-OS, D12-OS) runners can start after changeover until 5:30 pm. CC-outside start distance is 1000 m following blue-white tapes (see info map).



Open courses: Participants with armband can complete open courses (Open A, Open B, Open L), start and finish of these courses is located at the outside changeover place. Free start from 10:30 am until 4:00 pm. Competition time starts when punching at the start SI box. Result list will not be available.

**Refreshment:** No refreshment provided during the course, recommended to use drinking bags generally used for trail running. Drinking water will be available at the CC.

Follow-up of the results: using local wifi system or via live.mtfsz.hu using mobile internet.

**Prizing:** First 3 of all categories will be prized.

## Other:

- Running along road 52 at the north side of the map is strictly forbidden!
- The CC is located at a private field, so please take special care of the order.
- Buffet is open non-stop during the race with a wide list of hot and cold foods and drinks.
- Economically friendly soaps given at the shower, only this can be used.
- Competitors participate on their own responsibility.





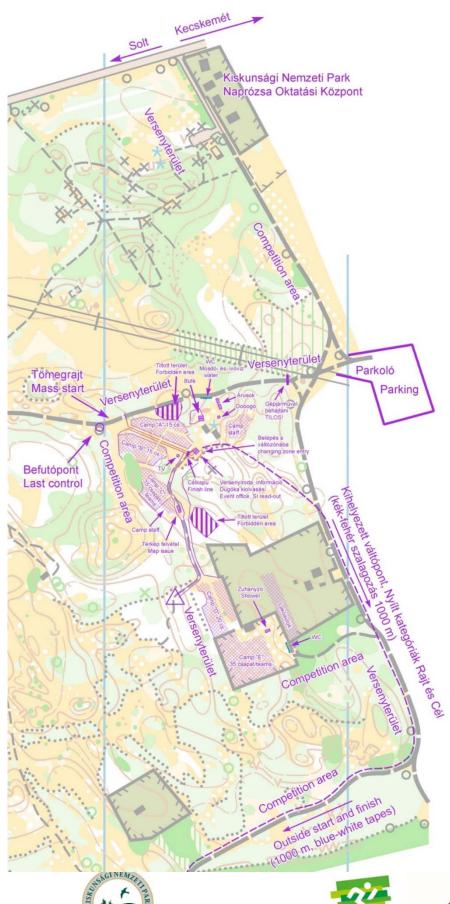






BEFEKTETÉS A JÖVŐ

MAGYARORSZÁG

















|        | 24h<br>relay | 12h<br>relay | 24h indi-<br>vidual | 12h indi-<br>vidual |          |                |            |            |        |
|--------|--------------|--------------|---------------------|---------------------|----------|----------------|------------|------------|--------|
| Course |              | ı            | Length              |                     | Controls | Start/Finish   | Туре       | Difficulty | Size   |
| SF     | 6,1          | 6,1          | 6,1                 | 6,1                 | 15       |                | Day-time   | Difficult  | Ly. A4 |
| E1     | 2,8          | 2,8          | 2,8                 | 2,8                 | 8        |                | Day-time   | Easy       | Ly. A4 |
| E2     | 3,2          | 3,2          | 3,2                 | 3,2                 | 7        |                | Day-time   | Easy       | St. A4 |
| E3-OS  | 3,9          | 3,9          |                     |                     | 9        | Outside start  | Day-time   | Easy       | Ly. A4 |
| E4-OF  | 4,2          | 4,2          |                     |                     | 10       | Outside finish | Day-time   | Easy       | St. A4 |
| E5-OS  | 4,5          | 4,5          |                     |                     | 10       | Outside start  | Day-time   | Easy       | St. A4 |
| E6     | 6,6          | 6,6          | 6,6                 | 6,6                 | 14       |                | Day-time   | Easy       | Ly. A4 |
| E7     | 7,3          | 7,3          | 7,3                 | 7,3                 | 18       |                | Day-time   | Easy       | Ly. A4 |
| E8     | 8,1          | 8,1          | 8,1                 | 8,1                 | 22       |                | Day-time   | Easy       | St. A4 |
| D1     | 3,1          | 3,1          | 3,1                 | 3,1                 | 9        |                | Day-time   | Difficult  | Ly. A4 |
| D2     | 3,7          | 3,7          | 3,7                 | 3,7                 | 9        |                | Day-time   | Difficult  | St. A4 |
| D3-OF  | 3,9          | 3,9          |                     |                     | 9        | Outside finish | Day-time   | Difficult  | St. A4 |
| D4     | 4,6          | 4,6          | 4,6                 | 4,6                 | 9        |                | Day-time   | Difficult  | St. A4 |
| D5-OF  | 5,6          | 5,6          |                     |                     | 13       | Outside finish | Day-time   | Difficult  | Ly. A4 |
| D6     | 6,3          | 6,3          | 6,3                 | 6,3                 | 15       |                | Day-time   | Difficult  | Ly. A4 |
| D7     | 6,5          | 6,5          | 6,5                 | 6,5                 | 15       |                | Day-time   | Difficult  | St. A4 |
| D8     | 7            | 7            | 7                   | 7                   | 18       |                | Day-time   | Difficult  | Ly. A4 |
| D9     | 7,3          | 7,3          | 7,3                 | 7,3                 | 17       |                | Day-time   | Difficult  | St. A4 |
| D10    | 8,6          | 8,6          | 8,6                 | 8,6                 | 19       |                | Day-time   | Difficult  | Ly. A4 |
| D11    | 10,3         | 10,3         |                     | 10,3                | 22       |                | Day-time   | Difficult  | A3     |
| D12-OS | 11,4         | 11,4         |                     |                     | 26       | Outside start  | Day-time   | Difficult  | A3     |
| D13    | 11,9         | 11,9         |                     |                     | 26       |                | Day-time   | Difficult  | A3     |
| ST     | 3,5          | 3,5          | 3,5                 | 3,5                 | 11       |                | Twighlight | Medium     | St. A4 |
| LT     | 6,2          | 6,2          | 6,2                 | 6,2                 | 16       |                | Twighlight | Medium     | St. A4 |
| EN1    | 2,5          |              |                     |                     | 8        |                | Night      | Easy       | Ly. A4 |
| EN2    | 3            |              | 3                   |                     | 9        |                | Night      | Easy       | St. A4 |
| EN3    | 3,4          |              | 3,4                 |                     | 10       |                | Night      | Easy       | St. A4 |
| EN4    | 4,5          |              | 4,5                 |                     | 10       |                | Night      | Easy       | Ly. A4 |
| EN5    | 4,8          |              | 4,8                 |                     | 11       |                | Night      | Easy       | Ly. A4 |
| EN6    | 6            |              | 6                   |                     | 15       |                | Night      | Easy       | St. A4 |
| EN7    | 7,6          |              | 7,6                 |                     | 18       |                | Night      | Easy       | Ly. A4 |
| DN1    | 3            |              | 3                   |                     | 10       |                | Night      | Difficult  | Ly. A4 |
| DN2    | 4,2          |              | 4,2                 |                     | 8        |                | Night      | Difficult  | St. A4 |
| DN3    | 4,3          |              | 4,3                 |                     | 12       |                | Night      | Difficult  | Ly. A4 |
| DN4    | 5            |              | 5                   |                     | 14       |                | Night      | Difficult  | St. A4 |
| DN5    | 5,2          |              | 5,2                 |                     | 17       |                | Night      | Difficult  | Ly. A4 |
| DN6    | 6,2          |              | 6,2                 |                     | 20       |                | Night      | Difficult  | St. A4 |
| DN7    | 6,7          |              | 6,7                 |                     | 18       |                | Night      | Difficult  | Ly. A4 |
| DN8    | 7,4          |              | 7,4                 |                     | 19       |                | Night      | Difficult  | St. A4 |
| DN9    | 9,1          |              |                     |                     | 26       |                | Night      | Difficult  | A3     |
| Final  | 6            |              |                     |                     | 18       |                | Day-time   | Difficult  | Ly. A4 |
| SUM:   | 235,5        | 146,6        | 162,2               | 101,2               |          |                |            |            |        |

| Open L | 6,1 | 18 | Outside S/F | Day-time | Difficult | St. A4 |
|--------|-----|----|-------------|----------|-----------|--------|
| Open A | 4,3 | 14 | Outside S/F | Day-time | Medium    | St. A4 |
| Open B | 2,5 | 6  | Outside S/F | Day-time | Beginner  | St. A4 |