69. AUTUMN SPARTACUS CUP 6-7. november 2021. Gánt, Öreg-tölgyek

BULLETIN

ORGANIZERS	Organizing entity: President: Vice President: Public Relations: Controller: Course setters: Maps:	Tabáni Spartacus SKE Ádám Lengyel István Bujdosó Luca Németh Antal Zsolt Peics, Tamás Magyar Zsófia Sárközy, Zoltán Bujdosó János Sőtér, Péter Suba, Áron Bakó					
PATRON	Prof. Dr. h. c. Lajos Mocsai						
	Balázs Kovács						
	Vártas hilla. Cánt Örag tölgyak						
EVENT CENTER	Vértes hills, Gánt, Öreg-tölgyek						
	GPS: 47.3884752, 18.3715640						
	GPS parking: 47.379035, 18.379888						
	Parking area is 1200 meter from EC. There will be yellow-black tape						
COMPETITION FORMAT		al race, day 1 long distance, day 2 middle from the two days. Day one is also the ship of Budapest.					
REGISTRATION	Saturday between 8:00–10:00						
	Sunday between 9:00-10:00 in	the finish area.					

ENTRY FEES

	M/W -14 és 65-		M/W 16-60		Open			
	1 day	2 days	1 day	2 days	1 day	2 days		
	3400 Ft	6600 Ft	4600 Ft	8600 Ft	2000 Ft	3500 Ft		
FIRST START 1. day		10:00						
2. da	ау	10:00						
DISTANCE TO START Follow the blue-white ribbons								
1. da	1400 / 35	m						
2. da	1800 / 90 m							
rajt 2. nap 1800 m/ 90 m VK befutópont 1. nap VK parkoló 1000 m rajt 1. nap 1400 m/ 35 m befutópont 2. nap								

TERRAIN AND MAP Typical mid-mountain, Vértes hills terrain. The topography is quite detailed, the hill-sides are carved with valleys, steep and rocky in some places. Vegetation is generally well runnable, denser vegetation occurs in more closed forests, but open parts are very well runnable everywhere. Please find some samples below.

We created a new LIDAR based map for the competition.

Map surveyed in 2021; scale on day 1 - 1:15,000/1:10,000 day 2 - 1:10,000/1:7,500

COURSE DETAILS

	Day 1				Day 2				
Category		Long				Middle			
eutegoiy	dist.	elev.	СР	refreshment %	dist.	elev.	СР		
M10D	2,0/4,0	50	6		2,0/3,4	50	5		
M12C	3,4	80	10		2,5	55	7		
M14B	4,8	150	11		2,5	80	11		
M15-18C	3,9	110	11		2,8	60	9		
M16B	6,3	280	11	48	3,7	120	14		
M18B	7,5	350	12	56	4,6	180	15		
M20A	9,4	420	15	54, 70	4,7	160	19		
M21A	11,3	510	16	63	5,6	220	25		
M21B	9,4	420	15	54, 70	4,5	180	15		
M21Br	4,9	175	13		2,9	90	13		
M21C	5,4	150	14		3,8	125	11		
M35A	9,4	420	15	54, 70	4,7	160	19		
M35Br	4,1	130	12		2,6	75	11		
M40A	8,9	305	17	65	4,4	150	21		
M45A	7,5	290	12	60	4	140	16		
M50A	6,3	280	11	48	3,7	120	14		
M55A	6,0	185	12	51	3 <i>,</i> 3	100	13		
M60A	5 <i>,</i> 9	175	9	51	3,1	100	15		
M65A	4,9	155	9		2,5	65	10		
M70A	3,6	100	9		2,3	55	9		
M75A	2,7	50	7		2,1	30	8		
M80A	2,0	50	7		1,9	30	7		
W10D	2,0/4,0	50	6		2,0/3,4	50	5		
W12C	3,1	75	9		2,2	30	6		
W14B	3,2	80	7		2,3	60	10		
W15-18C	3,4	80	10		2,5	55	7		
W16B	4,9	155	9		3,1	100	15		
W18B	5,9	175	9	51	3,5	140	16		
W20A	6,0	185	12	51	3,5	140	16		
W21A	8,0	350	13	41, 63	4,4	150	21		
W21B	6,0	170	10	51	3,3	100	13		
W21Br	3,6	70	11		2,6	75	11		
W21C	3,9	110	11		2,8	60	9		
W35A	6,0	170	10	51	3,1	100	14		
W40A	4,8	150	11		3,1	100	14		
W45A	4,6	100	9		2,9	90	13		
W50A	3,6	100	9		2,5	65	10		
W55A	3,2	80	7		2,4	65	10		

W60A	2,7	50	7	2,3	55	9
W65A	2,6	50	7	2,1	30	8
W70A	2,0	50	7	1,9	30	7
W75A	1,5	40	5	1,7	30	7
OD	2,0/4,0	50	7	2,0/3,4	50	5
OB	3,1	75	9	2,4	80	7
OA	5,1	200	11	3,4	110	14
OAS	3,0	60	9	2,8	80	12

REFRESHMENTS First day, see in the table above.

- **SPORTIDENT** We are going to use SportIdent system with AIR+ active units. If the unit is not responding, punch the control the old fashioned way (stick the card in the box), if that doesn't work either, try the even older fashioned way and use the needle punch on you map. SI and SIAC cards can be rented on the spot for 300/600 HUF/day
 - **RESULTS** We will broadcast the results in the finish area. Connect to the WiFi network SSID: result and open the http://result.hu URL. We will also show the results on a screen in the finish area. You may also use your own mobile data and check the results on live.mtfsz.hu, or you can check the live results on the TV-s put out in the EC.

ACCOMODATION Youth Hostel: Öreg Tölgy Turistaszálló, 8083 Csákvár, Szt Mihály tér 10.

2700 HUF/pers/night (available only on Saturday)

Hard floor (Csákvár, Sports hall) 1000 HUF/pers/night

FOR CHILDREN We will have a short taped course for children both days between 9:30 and 13:00.

Application near the finish area, continuously during the competition. We don't measure time all participants receive a present.

Also, while you are running, we can look after your children in the kindergarten at the finish area.

PRIZES First 3 of all categories receive medals, the winners receive additional gifts.

Planned time on both days at 14:00.

No prizes in Open categories.

WASTE MANAGE-
MENTFollowing the green initiatives of the Hungarian Orienteering Federation, we
kindly ask everyone to minimise our ecological footprints. Please bring your
own cup for the refreshments and don't leave any trash.

PANDEMIC We kindly ask everyone to practise respiratory hygiene:

SITUATION

- avoid handshakes and keep distance from other people if possible,
- wash/disinfect hands often,
- cough/sneeze in a tissue or your elbow,
- avoid touching your mouth, nose and eyes,

- if you experience <u>any symptom</u> stay at home and seek medical help,

- seek information only from trustworthy sources (eg.: WHO).
- **OTHER** We will have buffet (with warm food) in the finish area.

- Organisers need to be informed about all commercial activity on the competition (except for handing out flyers).

- We will provide first aid in the finish area if needed.

- Keep your dog on a leash and in order to protect the wildlife don't take him/her with you to course.

- Due to wildfire hazard, smoking and lighting open flames (campfire, candle, etc.) is forbidden in the whole competition area.

– By entering the competition all runners give their consent to the organizers to make photographs and video recordings and the use of these photographs and/or recordings singularly or in conjunction with other photographs and/or recordings for advertising, publicity, commercial or other business purposes.

 Please run with your safety in mind, everybody attends the competition on their own risk.

WE ARE LOOKING FORWARD TO SEE YOU COMPETE IN THE VÉRTES HILLS









