

Bulletin 2



Őrség Cup

30.09.-01.10.2023

We would like to invite you to the heart of the Őrség National Park in Western Hungary, where we will organize our international orienteering event. This year's event will contain two races (long and middle distance).

Organizing club: Alpokalja Szabadidősport és Környezetvédő Egyesület (ASK)

Location: Csörötnek, football field (46.945570, 16.376460)

Organizing committee:

- **Competition leader:** Júlia Juhász (+3630 351 6930)
- **Secretary:** Levente Szalay
- **Course setting:** Zoltán Bognár (long), Molnár Péter (middle)
- **Senior event adviser:** Ferenc Fehér

Program:

- **Saturday, 30th September, 11:00 a.m.:** long distance
- **Sunday, 1st October, 10:00 a.m.:** middle distance

Event center and parking: The event center will be on the football field of Csörötnek village. It is possible to park in the event center for around 40 cars. Late arrivals might be asked to park on the side of the road maximum 500m away from the EC.

Registration and changes: Registration is possible from 09:00 until 10:30 on Saturday and from 08:30 until 09:30 on Sunday. In order to streamline registration for the race, please send any information changes (including SI number modifications) to wjohnny70@gmail.com, for which the deadline is 20:00 on 29th September, 2023. So as to avoid any large crowds forming, we cannot facilitate last minute changes to such information on race day. On-site cash payment is only possible for on-site entries and category changes, and if the entry fee hasn't been transferred by the 22nd September deadline (in this case, on-site entry fees apply!). Thank you for your understanding! For registration we ask only one team leader or representative to come.

If needed, bills will be sent to the email address provided in advance. Please send the billing information to takacssofiaranka@gmail.com, for which the deadline is September 22nd, 2023, 20:00. Please follow the instructions of Bulletin1 in payment.

On-site entries: Only for the empty places of the start list, at the following price:

- M/W18 and younger, and M/W65 and older: 18 EUR/person/race
- M/W20 and older: 20 EUR/person/race
- Open, D and DK: 8 EUR/person/race

The ones having a valid license of the Hungarian Orienteering Federation for the 2023 season get a discount of 2 EUR per race (with the exception of the Open, D and DK categories).

Terrain:

- A characteristic terrain for the Őrség region, with moderate slopes and complex, detailed network of ditches and valleys. The forest is mostly well runnable with really good visibility, but with dense vegetation at some parts. Due to rainy summer the

undergrowth is very dense in some part, so at the time of route choices you might count with much slower runnability on places marked with „409.0 Vegetation walk, good visibility” symbol. There is an active forestry going on in the forest, new paths, tracks might occur.

Map:

- **Vörös-hegy:** drawn in 2021 (by Gábor Tóth and Levente Szalay), renewed in 2023 by Levente Szalay.
- **Scale:**
Long: M/W16B, 18B, 20A, 21A, 35A categories 1:15 000, M/W65 and older categories 1:7 500, all others 1:10 000 scale, 5 m equidistance.
Middle: M/W65 and older 1:7 500, all other categories 1:10 000 scale, 5 m equidistance.

Forbidden areas: There are some forbidden areas on the map marked with „709.0 out-of-bounds area”. Some of them are forest parts surrounded by fence, but there is one place where a small forest lodge and its garden is marked with the forbidden sign. There is a dog in the garden and better not to run too close by.

Merged and cancelled categories:

M20A->M21A, M35A->M21A, M60A->M55A, W18B->W20A, W35A->W21Br, W55A->W50A. M21C and W75A categories are cancelled. If you are not satisfied with your modified category, you have the opportunity to change until there is any free map left in the target category.

Start:

- 1. day (long): 960 m / 30 m, marked with blue-white ribbons.
- 2. day (middle): 1400 m / 10 m, on the blue-white ribbons.

Extra control description: Can be picked up it in front of the start corridor before entering. Scissors and adhesives will be available.

Start procedure: -3': setup; -2': clear, check; -1': standing next to map. The map is taken at the moment of the start, so the start is next to the map, not from the start line. From the timeline to the map start marked with red-white stripes that cannot be deviated from. Competitors are late for their own race time. It is the competitor's responsibility to take the correct map and control description! The equipment left in the start will be return after the last start time.

Start interval:

- 1st day (long): 3 minutes, 4 minutes in W 70A, M80A: 6 minutes.
- 2nd day (middle): 2 minutes

Punching system: We use the SI electronic punching system in the competition, contactless SIAC is in function.

Controls: the racks will have an orange-white kite and an SI box. If the box does not indicate back, you should punch on the map and please indicate at the Finish that the SI box did not work.

Competitors who have finished their race are kindly asked not to give any information about the course to competitors who have not started yet, in accordance with the rules of sportiness.

Refreshment: We provide water as a refreshment at the finish, please bring your own glasses!

Refresh point: In the long distance, self service refreshment point will be placed for the 6 km and longer courses (between 40-60% of the course). Water and glass will be provided at the refreshment point. We will not take out individual refreshments.

Spectators control: On the middle distance there will be a spectator control that is also the last control. So categories that are affected, punch the control, then go to a second small loop in the forest, then punch it again and go to the finish. Affected categories: M16B, M18B, M21A, M40A, M45A, M50A, M55A, W16B, W20A, W21A, W21Br, W40A.

Results: You can access live results during the race on the following website:

<https://orsegkupa.hu>

Prize giving ceremony: 01st October 2023, at 14:00 in the event center. If it's possible we bring prize giving ceremony forward.

Prizes: The first three runner in each categories receives a medal and special gift. The prize giving ceremony will take place after the second race. No prizes will be given in open classes.

Buffet, meal: In the competition center there will be a limited buffet, offering drinks and mostly grilled meat products. Szentgotthárd is only a few minutes away, where you can find all kinds of catering units and shops (for example, FEZO, the sponsor of the competition).

O-secondhand: on this year's Őrség Cup we announce the O-secondhand. That means, you can bring your running clothes, shoes to the race that are still in a good condition but not in use anymore, and you can trade it with other clothes.

Harvest festival: The yearly harvest festival is going to take place during the race days. Feel free to experience the Hungarian countryside festival vibe.

Trash collection: There will be no trash collection following the race, we therefore ask everyone to avoid leaving garbage around and to ensure that before leaving everyone leaves everything in order. Please take your own garbage away, rather than overflowing the buffets garbage. We appreciate everyone's cooperation in making this competition trash free.

Accommodation:

- **Hard floor accommodation:** Elementary school Csörötnek-Magyarlak. Magyarlak, Kossuth Lajos út 236. You can arrive to the accommodation earliest at around 18:00 on Saturday. There is no shower at the hardfloor accommodation, so you have to take a shower in the event center.

National Park:

Please be aware, that the race takes place in a special nature reserve, part of the Natura 2000 network and Nature Conservation area of Special Importance for Bird Protection. Please do not harm the natural environment!

Other general informations:

- All runners enter the competition on their own risk.
- The competition takes place in the territory of the Őrség National Park, the collection of plants and mushrooms is strictly forbidden!
- In order to protect the wildlife, dog must not be taken to the field on any of the competition days, the dogs must be kept on a leash at the finish during the competition.
- The area of the competition center is in the vicinity of a tourist attraction. Be careful to leave the competition center clear!
- Any commercial activities during the competition require the approval of the organizing committee.
- There is a first aid person at the competition center.

- The maps are printed on waterproof pretex paper, therefore there won't be plastic covers provided. Control description will be printed on the maps and available at the start as well.
- We don't organize transportation at the competition. If you have difficulty entering the competition, please let us know by email and we will try to help.
- There will be a children's race at the event center on both days, from 11 a.m. on Saturdays and from 10 a.m. on Sundays.
- Information privacy: By registering all those participating in the race, as well as those accompanying them, agree to the publication of photos and videos taken at during the competition, for online and print media including on social media platforms. Furthermore, participants give permission for their names, year of birth, gender and their results in the race to be shown in the registration list, the start list, results list, and shown online and print media, including on social media platforms.

We look forward to welcoming you!

